



The impact of changing work environments is influencing the success rate of organisations at both micro and macro levels. The necessity to address HR issues and career expectations is increasingly important in a fast paced economy.

At Career Express we assist both individuals and organisations in meeting the challenges faced with organisational change and the demands of changing environments. Our consultants have extensive industry knowledge in their fields and understand the steps that need to be taken to increase productivity and meet outcomes. Building strong and informative relationships with our clients will ensure we provide quality outcomes.

“Emotional Intelligence - the link to successful leadership

and management of our most valuable asset - Human Capital.”

We work with clients to ensure success in both organisational objectives and personal goals. Our methodology is based on the “Emotional Intelligence” model and we will tailor programs around the need of either the organisation or individual.

Career Express' services cover a range of needs including:

- **Executive Coaching**
- **Training and Development Workshops**
- **Leadership Development**
- **HR Services**
- **Recruitment**
- **Psychological Assessments**

We work with a range of clients including large corporate organisations through to individuals.

Our vision is to help you and/or your organisation achieve and meet the required outcomes and objectives. Through the development of human assets, organisations and individuals are able to meet the ever increasing demands placed upon them by high standards set worldwide.

Career Express was established in July 2004 to provide the link between people, skills and organisations. The idea of adopting a holistic approach to staff development, coaching and recruitment came from several years experience within the Australian marketplace.

Our consultants have skills in coaching, recruitment, organisational psychology, development of specialised competency based workshops, facilitation and HR consulting experience spanning over the last ten years. They have assisted organisations and job seekers in a number of industry arenas and are experienced in team and individual coaching across numerous areas including development of leadership potential, career plans, time management, building effective teams, confidence and stress management.



Career Express has a number of tailored coaching programs for individuals and groups designed to cover career planning, leadership, emotional intelligence and various soft skills to ensure improved performance.

In addition, Career Express can tailor specific development workshops addressing a variety of issues including: communication, customer service, leadership, Emotional Intelligence, Recruitment Strategies and training managers to be coaches.

Career Express also offers psychological assessments and general HR services such as survey design, 360 profiling and culture audits.

Career Express has its central office at Level 7, 320 Adelaide Street, Brisbane.

How we work

We partner with individuals and organisations to identify the specific competencies required for coaching, training and selection. We then link those competencies and goals to the employers' organisational needs. Our coaching and development services identify a variety of approaches to accomplish the specified desired outcomes. We can complement this assessment and planning process with personalised coaching or development workshops over a contracted period of time working closely with both individuals and teams to assist them in reaching their intended outcomes. We also assist individuals to enhance their own performance by working with them to customise their development plans and tailoring coaching methods to suit their goals.

Career Express can assist your company to retain the most valuable asset, **your people**.